



Date:

GUEST INFORMATION

Guest Name	
Contact Number	
Email	
Tour Date	
Group Size	
Nationality	
Flight Detail	
Tour code	MKP43-M



Winner of Best Tour Package (Adventure)
Malaysia Tourism Award 2012/2013
Ministry of Tourism & Culture Malaysia



MOUNT KINABALU is one of the highest mountains in South-East Asia on the island of Borneo located in the state of Sabah, East Malaysia. It is protected as Kinabalu Park, a World Heritage Site.

Elevation: 4,095m

First ascent: March 1851

First ascender: Hugh Low

Mountain range: Crocker Range

Type of Tour	4D3N MOUNT KINABALU CLIMB (BUDGETED) – MALAYSIAN
Hiking Route	Timpohon Trail
Accommodation	Day 1: Fairy Garden Resort or similar outside Kinabalu Park Day 2: 1 night @ Panalaban Hostel, Laban Rata Day 3: Gaya Centre Hotel (3* with breakfast), Twin share

Price Ex-Kota Kinabalu

Pax in a group	1	2	3	4-6	7-9	10-12	13-15
RM/person	2,350	1,710	1,520	1,500	1,480	1,460	1,440

Update: 20 June 2023





Price includes:

- Private Transport: Kota Kinabalu – Kinabalu Park – Kota Kinabalu city
- Transfer: Park HQ – Timpohon Gate – Park HQ
- Transfer: Fairy Garden to Kinabalu Park
- Private Transport: city – airport on departure day (apply to 3 pax and above only)
- Pre-climb accommodation at Fairy Garden Resort or similar
- 1 night at Laban Rata Panalaban Hostel
- 1 night at Gaya Centre Hotel, 3* with breakfast, twin share
- Climbing Permit & insurance
- National Park Conservation Fee
- Mountain Guide/s (1 mountain guide to 5 hikers)
- Meals as per itinerary
- Climbing certificate
- Service charges
- Complementary guidance in physical training and climbing items' preparation

Price excludes:

- Round Trip Air Ticket
- Hotel after climb
- Meals not stated in the itinerary
- Porter fees (RM13/kg/return) – subject to change
- Walking stick (RM10/pole) – subject to change
- Luggage storage fee (RM12/baggage) – subject to change
- Mountain Guide overtime surcharge
- Travelling Insurance
- All personal bill
- Tipping for mountain guide

Remark: Optional activity can be arranged upon request.





ITINERARY

Date	Itinerary
<p>Day 1 (No meal)</p>	<p>AIRPORT – KINABALU PARK Our driver picked up from airport and drive 2 and half hour to Fairy Garden Resort or similar accommodation outside Kinabalu Park. Pre-Register at Sabah Park Office before check in Fairy Garden Resort. Dinner on your own. Fairy Garden has restaurant.</p>
<p>Day 2 (dinner)</p>	<p>KINABALU PARK – LABAN RATA Own breakfast and purchase packed lunch from restaurant. 7.15am Transfer to Kinabalu Park. Upon arrival at Kinabalu Park, report to Sabah Park office, follow SOP and meet your mountain guide. Transfer to Timpohon Gate by Koktas transport. Safety briefing by mountain guide and commence 6km hike to Laban Rata. Upon arrival at Laban Rata, check in Panalaban Hostel. 4.30-7.30pm Dinner at Laban Rata restaurant. 9.00pm Lights off.</p>
<p>Day 3 (Supper, breakfast)</p>	<p>LABAN RATA – SUMMIT – KINABALU PARK – KOTA KINABALU 2.00am Supper at restaurant. 2.30am Ascend to summit of Mt Kinabalu – The Lows’ Peak. 7.00am Start to descend. Breakfast at Laban Rata Restaurant. 10.30am Check out and descend to Timpohon Gate. (Remark: surcharge imposed for check out after 10.30am). Upon arrival at gate, walk a short distance out to take Park transport to Park HQ. Own lunch at restaurant outside Kinabalu Park. Our driver will collect the climbing certificate for you.</p> <p>Transfer to Kota Kinabalu and check in Gaya Centre hotel.</p> <p>***IMPORTANT NOTE***</p> <ol style="list-style-type: none"> 1. Transfer out from Park is 5pm. Climber(s) arriving Park early is/are required to wait till the transport arrived as scheduled. 2. Transfer out from Park after 7pm, surcharge will be imposed at RM100/vehicle/way. 3. Mountain guide overtime surcharge after 4pm at RM15/hour/guide shall be borne by climber
<p>Day 4 (breakfast)</p>	<p>DEPARTURE Breakfast at hotel restaurant. Free at leisure till time transfer to airport. Hotel check out time at 12noon</p> <p>End of the tour and thank you.</p>





ACCOMMODATION @ LABAN RATA: Panalaban Hostel



***HEALTH NOTES* FOR CLIMBING MOUNT KINABALU**

DO NOT CLIMB if you have a history of suffering from the following ailments:

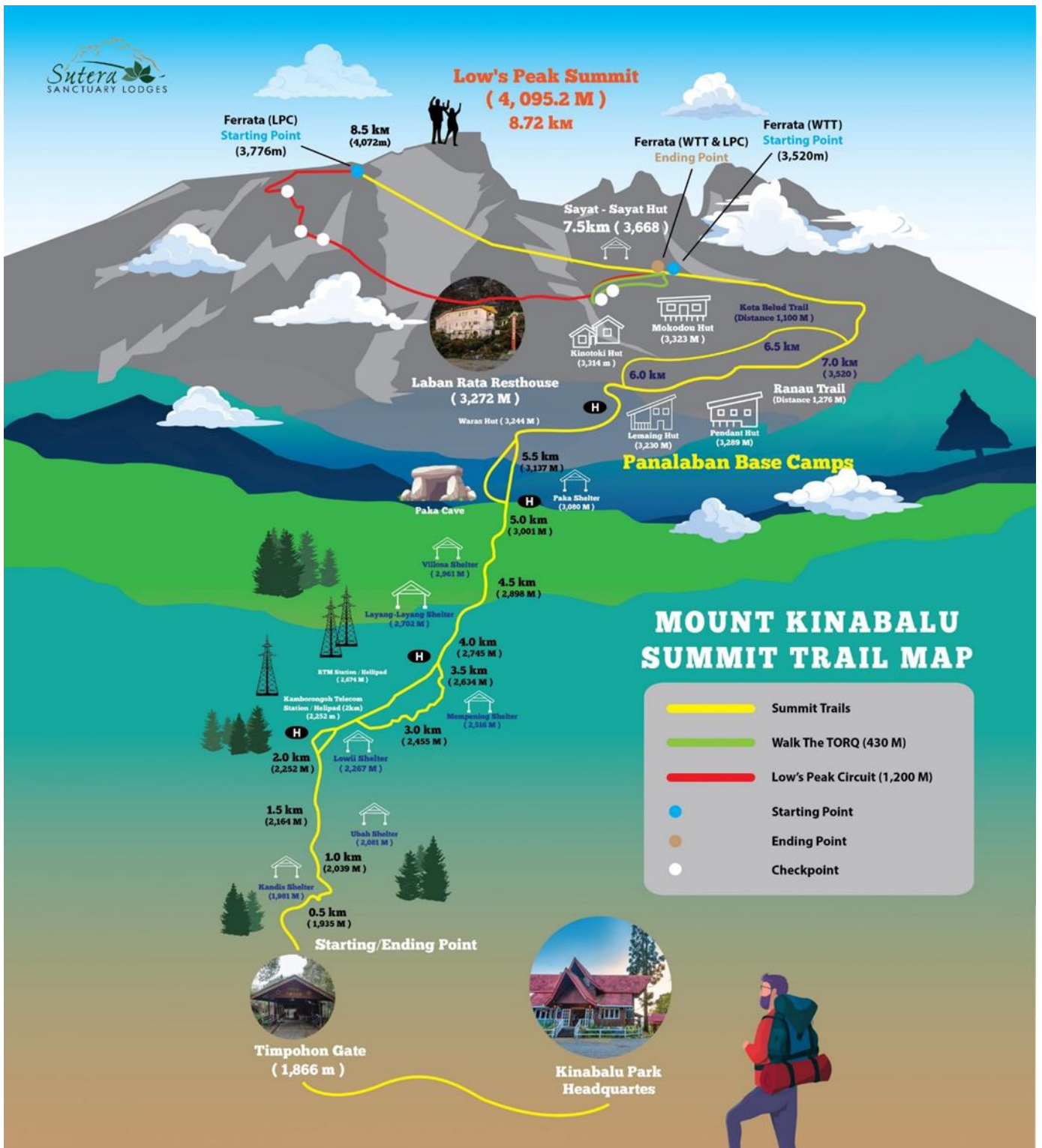
1. Heart Disease`
2. Hypertension
3. Chronic Asthma
4. Peptic Ulcer
5. Severe Anemia
6. Diabetes
7. Epileptic Fits
8. Arthritis
9. Heart Palpitation
10. Hepatitis / Jaundice
11. Muscular Cramps
12. Obesity
13. Any other sickness that may be triggered by severe cold, exertion and high altitude





IMPORTANT NOTES FOR CLIMBERS ON MOUNT KINABALU

01.	Identify your Mountain Guide(s) who will display an identification card.
02.	Travel together in your group and stay with the Mountain Guide(s) at all times.
03.	Follow the instructions of your Mountain Guide(s)
04.	Alert your Mountain Guide(s) if you face any difficulty.
05.	Display your climbing permit and show it to Park Officials at the check points at Timpohon Gate, Laban Rata and Sayat-sayat on your way up and down.
06.	If for any reasons, you are separated from your group or the Mountain Guide(s), please follow the white rope that marks the Summit Trail. If visibility is very low or in the dark, please hold on to the rope and follow it. (There is a thick white rope leading all the way from the vegetation belt above Panar Laban to the Summit. Use this rope to help climbing up and prevent falling when walking down. PLEASE FOLLOW and USE THE ROPE FOR YOUR OWN SAFETY).
07.	The weather on the summit area can deteriorate in a matter of minutes. Thick mist may reduce visibility to only 3 metres, and rainstorm and wind of up to 120 km/hr may occur at times. Please hold on to the ROPE , which will lead you to safety.
08.	If you are separated from your Mountain Guide(s) and lose sight of the ROPE, STOP IMMEDIATELY , stay where you are and blow your whistle to attract attention. PLEASE DO NOT TRY TO FIND YOUR WAY OUT. HELP is definitely on the way. The Park Officials at Sayat - sayat Check Point will notice that you are missing.
09.	While climbing to the Summit, please make sure to carry with you the followings:- A) Wear enough warm clothing (temperature can be freezing at times) B) A torch light (to light your way during the pre-dawn climb and to signal for help when needed) C) A rain coat (to protect you from rain and wind, and it will slow down the loss of body heat) D) A whistle (only to be used when is needed. The shorts blasts to attract attention, long continuous blasts for emergency and serious injuries) E) Some energy food and water, e.g. extra chocolate, glucose, tablets, biscuits (for emergency-use when you are waiting for help to arrive)





TERMS AND CONDITIONS

DOCUMENT FOR BOOKING:

Guest is required to submit the following before booking:

- (1) IC copy front and back
- (2) Email address and contact number
- (3) Deposit RM700 (payment is required immediately once the slot is available)
- (4) Should the accommodation for the climb date is not available, guest is required to submit alternative climb date for booking.

PAYMENT TERMS:

- 1) Deposit **RM700** per person upon request of the booking.
- 2) Deposit is non-refundable and non-transferable, in whole or in part.
- 3) Balance payment **MUST** be received at least thirty (30) working days prior to arrival. Failure to pay by the stipulated time will result in cancellation of tour arrangements without prior notice. Should guest need more time to remit the payment, written notice by email to info@greentrekkers.my must be given 30 days prior to arrival.
- 4) For confirmed booking less than sixty (60) days prior to arrival, 100% payment must be received within Five (05) working days to avoid the booking being cancelled by the provider automatically

PAYMENT METHOD – LOCAL BANK TRANSFER

Payment payable to:

GREEN TREKKERS SDN. BHD.

Maybank (Kota Kemuning, Shah Alam)

A/C no: 5127-8105-7364

Swift Code: MBBEMYKL

Bank address: No. 9 & 11, Jalan Anggerik Vanilla N31/N,

Kota Kemuning, 40460 Shah Alam, Selangor, Malaysia

Please email the proof of transaction to info@greentrekkers.my and the official receipt will be issued.

REPLACEMENT OF CLIMBERS / REDUCTION OF GROUP SIZE

- Replacement of climber(s) is allowed with the following fees imposed:
 - Permit and insurance fee RM110.00
 - Processing fee of RM100/person
- Replacement of climber(s) must be finalized at least 30 days before departure date.
- Reduction of climber(s) also means that the tour cost may increase due to cost sharing of vehicle and mountain guide. New quotation for reduction of climber will be issued.

CANCELLATION POLICY

- Deposit is strictly non-refundable.
- Cancellation more than 30 days from the date of arrival, the balance payment is waived.
- Cancellation less than 30 days or no show for the tour, 100% on the tour fare will be forfeited.
- Participant who cancelled the trip and return again will be subject to RM100 processing fee.





FORCE MAJEURE

In the event of any causes beyond the Company's control including, but not limited to, acts of God, change of laws, war, civil unrest, fire, flood, earthquake or explosion, acts of terrorism, payment paid shall only be used to replace an alternative tour within the Company's range of travel products.

TRANSPORT SUR-CHARGE

RM100/vehicle/way to Kinabalu Park before 0600 hr **or** from Kinabalu Park after 1900 hr.

RM50/vehicle/way for transfer from city to airport before 0600hr or airport to city after 2200hr

SURCHARGE FOR MOUNTAIN GUIDES

Effective 29th May 2015, there will be a surcharge of RM15.00 per hour imposed for guide services extended after 4.00 pm on a normal climb to the summit of Low's Peak and to be paid directly to the mountain guide in case of extended climbing hours.

HOTEL ROOM BOOKINGS

No hotel reservation is made during the time of quotation until request of hotel booking is received.

INDEMNITY:

Participants are not covered by Travelling Insurance. In the event of accident, injury or death arising during the period of tour, Green Trekkers Sdn. Bhd. is indemnified and waived against all claims.

However, climbers are covered by climbing insurance under Sabah Park.

VISIT OUR WEBSITE www.greentrekkers.my FOR MORE TOURS

