

GST Registration Number: 0013-7673-1136 Suite 13A-06, Avenue Crest, No. 2A, Jalan Jubli Perak 22/1,

Seksyen 22, 40300 Shah Alam, Selangor, Malaysia

Tel: +60 3 5569 7371

Mobile: +60 16 2898 260 / +60 13 3365 628

Website: www.greentrekkers.my Email: info@greentrekkers.my

Date:

GUEST INFORMATION

Guest Name	
Contact Number	
Email	
Tour Date	
Group Size	
Nationality	
Flight Detail	
Tour code	MKSL43-M



Winner of Best Tour Package (Adventure) Malaysia Tourism Award 2012/2013 Ministry of Tourism & Culture Malaysia



MOUNT KINABALU is one of the highest mountains in South-East Asia on the islanc. Borneo located in the state of Sabah, East Malaysia. It is protected as Kinabalu Park, a World Heritage Site.

Elevation: 4,095m First ascent: March 1851

First ascender: Hugh Low Mountain range: Crocker Range

Type of Tour	4D3N MOUNT KINABALU CLIMB (FULL BOARD) – Private Tour	
Hiking Route	Timpohon Trail	
Accommodation	Day 1: Kinabalu Park Lodge	
	Day 2: Laban Rata Non-Heated Dorm	
	Day 3: Gaya Centre Hotel (3* with breakfast), twin share	

Price Ex-Kota Kinabalu - Malaysian

Pax in a group	1	2	3	4-6	7-9	10-12	13-15
RM/person	3,000	2,350	2,160	2,190	2,160	2,150	2,110

Update: 21 June 2023 Price valid till 31 March 2024



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Price includes:

- Private Transfer: Airport Kinabalu Park Kota Kinabalu city
- Transfer: Park HQ Timpohon Gate Park HQ
- Private Transfer: city airport on departure day (1 time transfer)
- 1 night at Kinabalu Park Lodge (Twin share)
- 1 night at Laban Rata Resthouse non-heated dorm
- 1 night at Gaya Centre Hotel (3* with breakfast), Kota Kinabalu
- Climbing Permit & insurance
- National Park Conservation Fee
- Mountain Guide/s (1 mountain guide to 5 hikers)
- Meals as per itinerary
- Climbing certificate
- Service charges
- Complementary guidance in physical training and climbing items' preparation

Price excludes:

- Round Trip Air Ticket
- Meals not stated in the itinerary
- Porter fees (RM16/kg/return) subject to change
- Walking stick (RM10/pole) subject to change
- Luggage storage fee (RM12/baggage) subject to change
- Mountain Guide overtime surcharge
- Travelling Insurance
- All personal bill
- Tipping for mountain guide

Remark: Optional tour after climb can be arranged separately.

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ITINERARY

Date	Itinerary
Day 1 (dinner)	KOTA KINABALU – KINABALU PARK Flight arrival Kota Kinabalu before noon Meet our driver at Kota Kinabalu International Airport and transfer to Kinabalu Park. At Kinabalu Park, pre-register at Sabah Park and then register at SSL office for check in Lodge (twin share) 6.30pm Dinner at Liwagu restaurant. 9.00pm Lights off.
Day 2 (Breakfast, packed lunch, dinner)	KINABALU PARK – LABAN RATA 6.30am Check out and keep unused baggage at Park Front Office baggage room @ RM12/baggage. 7.00am Breakfast at Liwagu restaurant and collect packed lunch. 7.45am Meet your mountain guide, transfer to Timpohon Gate. Safety briefing and commence 5 – 6 hours climb (6km) to Laban Rata. Check in Laban Rata Resthouse Non-heated dorm. 4.30pm – 7.30pm Dinner at Laban Rata Restaurant. 9.00pm Lights off.
Day 3 (Supper, breakfast, lunch)	LABAN RATA – SUMMIT – KINABALU PARK – KOTA KINABALU 2.00am Supper at restaurant. 2.30am Ascend to summit of Mt Kinabalu – The Lows' Peak. 7.00am Start to descend. Breakfast at Laban Rata Restaurant. 10.30am Check out and descend to Timpohon Gate. (Remark: surcharge imposed for check out after 10.30am). Upon arrival at gate, walk a short distance out to take Park transport to Park HQ. Lunch at Liwagu restaurant. (Remark: packed lunch will be provided after 4.30pm) Transfer to Kota Kinabalu and check in Gaya Centre hotel. Standard twin share room.
	 IMPORTANT NOTE Transfer out from Park is 5pm. Climber(s) arriving Park early is/are required to wait till the transport arrived as scheduled. Transfer out from Park after 7pm, surcharge will be imposed at RM100/vehicle/way. Mountain guide overtime surcharge after 4pm at RM15/hour/guide shall be borne by climber
Day 4 (Breakfast)	DEPARTURE Breakfast at hotel restaurant. Free at leisure till time transfer to airport. Hotel check out time at 12 noon. End of the tour and thank you.





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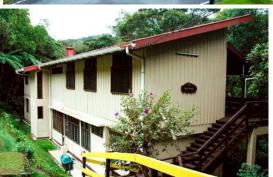
ACCOMMODATION

Kinabalu Park (either one)









LABAN RATA NON HEATED DORMITORY

FACILITIES: washroom - no heated shower. Restaurant at Laban Rata Resthouse





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HEALTH NOTES FOR CLIMBING MOUNT KINABALU

DO NOT CLIMB if you have a history of suffering from the following ailments:

- 1. Heart Disease`
- 2. Hypertension
- 3. Chronic Asthma
- 4. Peptic Ulcer
- 5. Severe Anemia
- 6. Diabetes
- 7. Epileptic Fits
- 8. Arthritis
- 9. Heart Palpitation
- 10. Hepatitis / Jaundice
- 11. Muscular Cramps

12. Obesity

13. Any other sickness that may be triggered by severe cold, exertion and high altitude

IMPORTANT NOTES FOR CLIMBERS ON MOUNT KINABALU

- 01. Identify your Mountain Guide(s) who will display an identification card.
- 02. Travel together in your group and stay with the Mountain Guide(s) at all times.
- 03. Follow the instructions of your Mountain Guide(s)
- 04. Alert your Mountain Guide(s) if you face any difficulty.
- 05. Display your climbing permit and show it to Park Officials at the check points at Timpohon Gate, Laban Rata and Sayat-sayat on your way up and down.
- If for any reasons, you are separated from your group or the Mountain Guide(s), please follow the white rope that marks the Summit Trail. If visibility is very low or in the dark, please hold on to the rope and follow it. (There is a thick white rope leading all the way from the vegetation belt above Panar Laban to the Summit. Use this rope to help climbing up and prevent falling when walking down. **PLEASE FOLLOW** and **USE THE ROPE FOR YOUR OWN SAFETY**).
- The weather on the summit area can deteriorate in a matter of minutes. Thick mist may reduce visibility to only 3 metres, and rainstorm and wind of up to 120 km/hr may occur at times. Please hold on to the **ROPE**, which will lead you to safety.
- 08. If you are separated from your Mountain Guide(s) and lose sight of the **ROPE**, **STOP IMMEDIATELY**, stay where you are and blow your whistle to attract attention. **PLEASE DO NOT TRY TO FIND YOUR WAY OUT. HELP** is definitely on the way. The Park Officials at Sayat sayat Check Point will notice that you are missing.

While climbing to the Summit, please make sure to carry with you the followings:-

- **A)** Wear enough warm clothing (temperature can be freezing at times)
- **B)** A torch light (to light your way during the pre-dawn climb and to signal for help when needed)
- 09. C) A rain coat (to protect you from rain and wind, and it will slow down the loss of body heat)
 - **D)** A whistle (only to be used when is needed. The shorts blasts to attract attention, long continuous blasts for emergency and serious injuries)
 - **E)** Some energy food and water, e.g. extra chocolate, glucose, tablets, biscuits (for emergency-use when you are waiting for help to arrive)



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TERMS AND CONDITIONS

DOCUMENT FOR BOOKING:

IC copy (front and back) for Malaysian Copy of Passport for Non-Malaysian For booking, permit and insurance application

PAYMENT TERMS:

- Deposit: Malaysian RM1300, Non-Malaysian: RM1700 per person shall be paid within SEVEN (7) working days from the date of receiving the confirmed booking to secure the booking.
- 2) Deposit is non-refundable and non-transferable, in whole or in part.
- 3) Balance payment MUST be received at least thirty (30) working days prior to arrival. Failure to pay by the stipulated time will result in cancellation of tour arrangements without prior notice. Should guest need more time to remit the payment, written notice by email to info@greentrekkers.my must be given 30 days prior to arrival.
- 4) For confirmed booking less than sixty (60) days prior to arrival, 100% payment must be received within Five (05) working days to avoid the booking being cancelled by the provider automatically

PAYMENT METHOD - LOCAL BANK TRANSFER

Payment payable to:

GREEN TREKKERS SDN. BHD.
Maybank (Kota Kemuning, Shah Alam)

A/C no: 5127-8105-7364 Swift Code: MBBEMYKL

Bank address: No. 9 & 11, Jalan Anggerik Vanila N31/N, Kota Kemuning, 40460 Shah Alam, Selangor, Malaysia

Please email the proof of transaction to info@greentrekkers.my and the official receipt will be issued.

REPLACEMENT OF CLIMBERS / REDUCTION OF GROUP SIZE

- Replacement of climber(s) is allowed with cancellation fee of RM100/person imposed.
- Replacement of climber(s) must be finalized at least 30 days before departure date.
- Reduction of climber(s) also means that the tour cost may increase due to cost sharing of vehicle and mountain guide. New quotation for reduction of climber will be issued.

CANCELLATION POLICY

- Deposit is strictly non-refundable.
- Cancellation more than 30 days from the date of arrival, the balance payment is waived.
- Cancellation less than 30 days or no show for the tour, 100% on the tour fare will be forfeited.
- Participant who cancelled the trip and return again will be subject to RM100 processing fee.

FORCE MAJEURE

In the event of any causes beyond the Company's control including, but not limited to, acts of God, change of laws, war, civil unrest, fire, flood, earthquake or explosion, acts of terrorism, payment paid shall only be used to replace an alternative tour within the Company's range of travel products.





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TRANSPORT SUR-CHARGE

RM100/vehicle/way from airport/Kota Kinabalu to Kinabalu Park before 0600 hr **or** from Kinabalu Park to Kota Kinabalu/airport after 1900 hr.

RM50/vehicle/way for transfer from city to airport before 0600hr or airport to city after 2200hr

SURCHARGE FOR MOUNTAIN GUIDES

Effective 29th May 2015, there will be a surcharge of RM15.00 per hour imposed for guide services extended after 4.00 pm on a normal climb to the summit of Low's Peak and to be paid directly to the mountain guide in case of extended climbing hours.

HOTEL ROOM BOOKINGS

No hotel reservation is made during the time of quotation until a deposit is received. The operator reserves the right to amend the accommodation to a similar class without prior notice.

INDEMNITY:

Participants are not covered by Travelling Insurance. In the event of accident, injury or death arising during the period of tour, Green Trekkers Sdn. Bhd. is indemnified and waived against all claims.

However, climbers are covered by climbing insurance under Sabah Park.

VISIT OUR WEBSITE <u>www.greentrekkers.my</u> FOR MORE TOURS